

Like most women in America today, chances are you do too much, too fast.

It's time to regroup, reenergize, refocus, rediscover, rejuvenate, revitalize, reinspire and recelbrate you.

Friday, January 25, 2002 • Marriott Waterside • Tampa, Florida

It's Possible! Seminars will invest your life with more meaning as you learn to:

- Increase your courage and confidence
- Take action
- Identify and value your strengths
- Understand the role passion plays in your life
- Reconnect to your work or life mission
- Commit to transforming possibilities into reality
- Share your gifts with others

Register today to ensure we have a seat reserved for you!

Inspirational. Entertaining. Educational. Memorable.

Tap into your hidden potential and unleash a more fulfilling and meaningful life with *It's Possible!* Seminars. These dynamic daylong events, created by women for women, offer two unique components:

Real Women. Real Stories. "Let the Stories Move You," presented by Powerstories Theatre, are true-life stories of seven phenomenal women who transformed personal challenges into triumphs. Each time the theatre presents, the sold-out crowd cheers for more. Join the more than 1,000 women who have been inspired to realize that a full, enriched and loving life is within their reach.

Real Solutions. A new and exciting educational component delivers the MORE women have been asking for: ACTION Workshops designed to move you to take the critical next step in leading a more passionate, content and productive life—personally

and professionally. The workshops are facilitated by exceptional women who are recognized as leaders in their fields. They are joined by the Powerstories performers to create a unique and inspiring experience.

"The work was important, uplifting and extremely well presented. I left the theatre filled with energy and zeal—ready to tackle those things that must be done by me!"

Bonus! Life Enrichment Exhibits

While at the seminar, enjoy a variety of exhibits highlighting products and services that enrich the lives of women throughout the Tampa area. Exhibit topics include health & fitness; personal coaching; business training and consulting; nature adventures; personal and business development; and fashion and beauty.



Original Powerstories performers (L to R): Deanna Wefel, Angela Martinez, Rachael Stewart, Afsaneh Noori, Joy Blythe, Fran Powers, Gladys Varga and Lisa Wilde.

Schedule

8:00	–	9:00 a.m.	Registration & Exhibits
9:00	–	11:00 a.m.	"Let the Stories Move You" <i>Powerstories Theatre Production</i>
11:00	–	12:00 p.m.	"Moving You Into Action!" with Fran Taylor Powers and Susan List Mike, MD
12:00	–	1:15 p.m.	Lunch & Exhibits
1:15	–	5:00 p.m.	ACTION Workshops choose the story theme that moves you most & Closing

Sessions

Select one ACTION Workshop based on the themes presented in the morning Powerstories Theatre.

- **Take Risks**
Fran Taylor Powers, creator of Powerstories Theatre
- **Clarify Your Career**
*Linda Taylor, entrepreneur and nature adventure leader
Afsaneh Noori, Powerstories performer*
- **Improve Your Health**
*Karen Mutter, DO, integrative physician specializing in women's health
Deanna Wefel, Powerstories performer*
- **Honor Your Uniqueness**
*Beverly Fisher, international speaker and motivational trainer
Powerstories performer TBA*
- **Replace Stress**
*Denise Brittain, yoga instructor specializing in women's comfort and vitality
Joy Blythe, Powerstories performer*
- **Care for Others Without Losing Yourself**
*Carole Gill, leader in human resources and organizational development
Angela Martinez, Powerstories performer*
- **Rejuvenate Respect in Relationships**
*Susan List Mike, MD, international speaker and holist psychiatrist
Gladys Varga, Powerstories performer*
- **Recover From Loss**
*Patricia McWhorter, Ph.D., psychotherapist and Pulitzer Prize nominee
Powerstories performer TBA*

"Powerstories is inspiring and exciting...it has given me courage to continue facing my fears and work toward my dreams. I feel that every woman should experience this production and get inspired to honor her own story. Thank you for honoring your dream and touching us all so completely."

Real women. Real stories. Real solutions.

Memorable

It's Possible! Seminars, a collaboration between Fran Taylor Powers, Inc. and *Women's Way*, combines personal story theatre with professional workshops to inspire women to value their unique talents and share them to serve humanity.



Fran Taylor Powers is president of Fran Taylor Powers, Inc., a company that specializes in helping individuals and organizations discover and express their stories out loud and proud in front of an audience. She was recently featured in the Business and Finance section of *The Tampa Tribune*, where she was described as the "dynamo with the velvet touch." In addition to her speaking career, Fran provides counsel and granting services to hundreds of non-profit agencies through the Conn Memorial Philanthropic Foundation. She earned a master's degree from the University of South Florida and a bachelor's degree from Fontbonne College in St. Louis. She is a member of the National Speakers Association and the National Association of Women Business Owners.



Susan List Mike, MD, founded *Women's Way: An Inspirational Experience*, to help women take better care of themselves emotionally, professionally, financially and spiritually. She has been motivating and educating diverse groups through seminars and presentations both locally and internationally for more than 10 years. She earned a B.A. degree from Hiram College and graduated from medical school at the Medical College of Ohio. She completed her internship at Duke University Medical Center and her psychiatric residency at the University of South Florida. She and her husband formerly co-owned the Global Holistic Medical Center in Clearwater, where they practiced an integrative approach to psychiatry that honors the unique needs of every individual. She is a member of the National Association of Women Business Owners.

Registration Fees

By December 31	\$129
January 1 - 24	\$149
At the door	\$169

Register online at www.powerstories.com, or call 813-258-1898. Group discounts and gift certificates are available.

www.powerstories.com

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Reinspire your talents
Recelebrate yourself

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Real women. Real stories. Real solutions.

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*"An excellent opportunity for women to celebrate one another!
You have offered our community something relevant and critical.
I can't imagine what it will be like going to work
after this 'high.'"*

*"What an inspirational performance! I only wish all of my
female friends could have been there."*

Presented by

