

Seating is *very* limited! Register today in 1 of 4 easy ways...

Visit [www.crg-hrdev.com](http://www.crg-hrdev.com), and click on the **Leading From the Inside Out™** link

Fax your registration form to CRG Client Services at 813-621-6915

Mail your registration form to CRG, 10002 Princess Palm Ave., Suite 318, Tampa, FL 33619

Call 877-CRG-5566 (toll-free) or 813-621-6506

Feel free to make copies for additional registrants from your organization

Date \_\_\_\_\_

Name (Last, First, MI) \_\_\_\_\_

Title \_\_\_\_\_

Organization \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail \_\_\_\_\_

#### Investment

\$3,495\* includes 3 nights (November 12-14/single occupancy) at the beautiful Canterbury Retreat and Conference Center near Orlando; all meals and snacks; all sessions at the 3 1/2-day retreat; a series of 12 monthly follow-up sessions; a forum for monthly interaction between sessions; a set of materials that covers the entire 13-month program; a special presentation of Powerstories Theatre; a copy of the bestseller *Unstoppable* by Cynthia Kersey; and a once-in-a-careertime opportunity to enrich every part of yourself in the company of women who share your passion for success.

\* Subtract \$200 if you are willing to share a room with another participant. Special rates are available for groups of 5 or more from the same organization; call 813-621-6506 for details.

Company purchase order enclosed PO# \_\_\_\_\_

Check in the amount of \_\_\_\_\_ (made payable to CRG) enclosed

Please charge \_\_\_\_\_ to my  American Express  Visa  MasterCard

Account Number \_\_\_\_\_ Exp Date \_\_\_\_\_

Name on Account \_\_\_\_\_

Billing Address \_\_\_\_\_

Signature \_\_\_\_\_

#### Accommodations

I prefer a private room  I am willing to share a room (*reduce investment to \$3,295*)

I have special dietary requirements or need special accommodations to participate; please call me to discuss

Questions? Call 877-CRG-5566 (toll-free) or 813-621-6506

## Leading From the Inside Out™

... an event designed with *your* needs in mind.

#### WHO SHOULD ATTEND?

Professional women who are:

- seeking professional and personal growth in the areas of leadership, management and effective communication
- interested in learning how to develop others, increase job satisfaction and create balance in their lives
- searching for ways to enhance their overall performance, as well as the performance of others
- eager to advance to the next level of success

#### WHAT SHOULD I EXPECT?

An intense, interactive learning experience in a relaxed, open, encouraging environment; networking and sharing of ideas, experiences and solutions; the development and implementation of a plan of action for professional and personal growth.

#### WHEN WILL I RECEIVE MORE INFORMATION?

Once we process your registration, you will receive a confirmation packet via U.S. mail. This packet will include several pre-session assignments, directions to Canterbury Retreat and Conference Center, a schedule of each day's events, and frequently asked questions and answers.

#### WHERE IS THE RETREAT?

Canterbury Retreat and Conference Center is nestled among 48 wooded acres on the edge of Lake Gem in Oviedo, Florida, just minutes from Orlando. Its modern rooms offer all of the conveniences of home... without the interruptions!

#### WHY IS IT OFFSITE?

Think of it as a truly career-enriching, life-enhancing 3 1/2-day "getaway," with no telephones ringing, no TVs blaring, no hallway meetings, no one vying for your time or attention. It is uninterrupted time for *you* to focus, develop, learn and network with other women who are there for the same reasons. Everything else can wait... for now.

#### CANCELLATION POLICY

Please let us know as soon as possible if you find it necessary to cancel. Cancellations received on or before October 12 will receive a 100% refund; cancellations between October 13 and November 1 will receive a 50% refund; cancellations after November 1 and no-shows will forfeit the entire registration fee. We welcome substitutions from your organization; please let us know in advance so we can make appropriate arrangements.

YOU'RE INVITED TO...



## Leading From the Inside Out™

*A career-enriching journey  
of leadership, development and growth  
for women only*

proudly presented by



*partners for business performance*

# life-enhancing Career-enriching

## Do you ever...

- allow circumstances and other people to control your decisions?
- seek greater challenges and opportunities?
- feel frustrated by competing demands for your time?
- wonder where you're going and how you'll get there?
- work too hard for the results you're achieving?
- wish you could explore new possibilities?

If so, you're not alone. Professional women nationwide report being caught between "here" and "there"—often challenged by how to move up, often on their own to figure it out.

That's why we developed **Leading From the Inside Out™**... a career-enriching journey of leadership, development and growth for women only.

**Leading From the Inside Out™** is a dynamic program that begins with a 3 1/2-day secluded "retreat" and continues in monthly follow-up sessions throughout the year.

**This unique journey will enhance your leadership and influencing skills, develop your ability to motivate and inspire yourself and others, and provide the tools you need to grow both professionally and personally.**

**The nature of this event requires  
that we limit attendance to 65 professional women  
...you should be one of them!**

**Register today to ensure we have a space reserved for you!**

## Do you lead with intention?

Attitudes either inhibit or enhance your leadership capabilities.  
**Which do yours do?**

Career and organizational success hinges on unlocking hidden potential.  
**Do you hold the key?**

Accomplishments are the fuel you need to excel.  
**Have you evaluated yours lately?**

You impact the people around you every day.  
**Is the impact you're making positive?**

Career-life balance is essential to long-term success.  
**Does yours need a check-up?**

Answer these critical questions (and many, many more) as you map out a successful leadership future at **Leading From the Inside Out™**. Here's how it works:

### Part I: The Retreat

Your journey begins with a secluded 3 1/2-day retreat to identify where you are, where you want to go and how you're going to get there.

This career-enhancing and life-enriching event reveals the secrets to:

- establishing—and reaching—realistic goals
- being an influential individual and team contributor
- leading effectively through economic challenges, budget cuts and staff reductions
- boosting performance by understanding human dynamics
- using power to your advantage
- developing accountability without control
- transforming negative energy into positive results
- inspiring, motivating and empowering yourself and others
- exploring values, choices and tradeoffs
- handling emotions and reducing conflict
- solving problems creatively
- building high-performing teams
- coaching and mentoring in win-win ways
- enhancing survivability in a changing environment
- establishing relationships with other dynamic women

Best of all, you will be in the company of other professional women who share similar challenges and aspire to similar goals. The relaxed, open atmosphere is a perfect setting to learn new skills, share past experiences, and brainstorm ideas and solutions for the future.

**Added bonus!** We've secured a special stage presentation of a Powerstories Theatre production that touches the lives of thousands of women around the country each year. You won't want to miss this!

### Part II: An Entire Year of Learning

Unlike traditional seminars where you're on your own in applying what you learn, **Leading From the Inside Out™** offers an extensive and invaluable next step: *12 months of ongoing learning!*

Once the retreat ends, application and reinforcement to support and encourage your efforts begin. You will be asked to complete one assignment each month. Assignments—which typically take four to six hours to complete—include a review of the coaching, mentoring and accountability models learned at the retreat; reading the bestseller *Unstoppable* by Cynthia Kersey; and completing profiles and surveys on topics such as time management, coping and stress, work expectations, leadership and shared values.

Your journey also includes 12 interactive sessions via group teleconference, webinar or face-to-face meeting. These sessions, from 9:00 - 11:00 a.m. on the third Tuesday of each month, are an ideal opportunity to discuss, review and reinforce the assignments. An outline of assignment topics and session dates will be provided in your confirmation packet, or you can view them online at [www.crg-hrdev.com](http://www.crg-hrdev.com).

And because communication avenues and support systems are so vital during the 12 months of ongoing learning, you will be paired with a development partner from the retreat. Your development partner is a "buddy" to share with and learn from between sessions and assignments. Leadership experts from CRG will be available between sessions, as well.

## What Have You Done For You Lately?

Like many women in today's fast-paced and constantly changing business world, the likely answer is, "not much."

What you might fail to realize is that by shortchanging yourself, you also are shortchanging your employer, your employees and everyone around you.

**Decide today** to take a break from your routine, revitalize your purpose and passion, and develop your leadership skills from the inside by embarking on the **Leading From the Inside Out™** journey. Destination: long-term success.

### 4 Easy Ways to Register Today!

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*CRG is a human resource development company headquartered in Tampa, Florida. We are partners for business performance, providing customized personal and professional leadership development solutions to increase organizational effectiveness.*

*After a 17-year career in corporate America, Carole Gill founded CRG to provide high-quality, long-term development programs for her clients. As a professional speaker, trainer and facilitator, Carole's dynamic style encourages people to unleash the power they have within themselves ... to become more effective communicators, collaborators and team builders ... to grow to their fullest potential.*